COME. TREK.
DISCOVER THE HEART OF HIMALAYAS
Hike through the picturesque trails of Uttarakhand- the heavenly state of Incredible India!

Nestled in the lap of the Himalayas, Uttarakhand is one of the most beautiful northern states of India that enthralls everyone with its spectacularly scenic landscapes. Charming hill stations juxtaposed against snow-capped peaks, quaint villages along winding mountain roads, serpentine rivers carving their way through hills, waterfalls hurtling down slopes, and serene lakes shimmering amidst beautiful towns describe the beauty of Uttarakhand.

Numerous sprawling parks speak of Uttarakhand’s continuous efforts to conserve its natural ecosystem; it’s rich culture and religious heritage ensures that it remains on top of everyone’s travel plan. It has been a preferred destination for travellers from around the world, who visit this mighty land every year to attain salvation for a life transforming experience. Here you can easily satiate all your adventurous desires; be it flying like a bird, cruising through the strenuous rapids of the Ganges, trekking to some of the fascinating peaks, skiing through some of the picturesque slopes enchanting destinations or enjoying the longest cable-car ride in India and much more. In short, Uttarakhand is a dream destination for all!

With numerous low and high mountain hiking and trekking trails, Uttarakhand is a popular choice for trekkers with the state having the second highest peak in India. The rugged beauty of the Himalayan terrains of Uttarakhand accompanied by the surrounding scenic natural vistas is something which every traveller must explore. Trekking is perhaps the only way to experience and discover such natural bliss. Be it coming face to face with the human skeletons surrounded around Roopkund Lake, or stopping by the Valley of Flowers to frame the vibrant flora in your camera, each step you take forward while trekking, brings you closer to something fascinating.

This doesn’t end here.
Your guide to trekking in Uttarakhand

We are sure you must be having some queries related to trekking. The list of FAQs given below will answer all your queries related to trekking in Uttarakhand.

FAQs

Q1. What are the popular trek routes in Uttarakhand?
Ans. Popular trekking routes in Uttarakhand are as follows:-

1) Kuari Pass Trek
   Altitude: 4265 mts./13990 Ft.
   Gradient: Moderate
   Best time to go – April to June, September to Mid November

2) Gangotri-Gaumukh-Tapovan Trek
   Altitude: 4463 mts./14638 Ft.
   Gradient: Moderate
   Best time to go – May, June & August

3) Valley of Flower Hemkund Sahib Trek
   Altitude: 3858 mts./12654 Ft.
   Gradient: Easy
   Best time to go – June, September

4) Kalindi Khal Trek (high altitude trek)
   Gangotri to Badrinath.
   Altitude: 5946 mts./19500 Ft.
   Gradient: Challenging, Tough
   Best time to go – May, June/July, August

5) Roopkund Trek
   Altitude: 4463 mts./14638 Ft.
   Gradient: Moderate
   Best time to go – April/November

6) Milam Glacier Trek
   Altitude: 3915 mts./12919 Ft.
   Gradient: Moderate
   Best time to go – April–June/September–November

7) Kafni Glacier Trek
   Altitude: 4000 mts./ 13120 Ft.
   Gradient: Difficult
   Best time to go – June, September, November

8) Sunder Dunga Trek
   Altitude: 3700 mts.
   Gradient: Moderate
   Best time to go – May, June, September, October

9) Khatling Trek
   Altitude: 3900 mts.
   Gradient: Tough
   Best time to go – April, May, September, October

10) Ghuttu Panwali Kantha Trek
    Altitude: 3500 mts./11500 Ft.
    Gradient: Moderate
    Best time to go – Whole Year except rainy season

11) Bagni Glacier Trek
    Altitude: 4484 mts./14816 Ft.
    Gradient: Moderate
    Best time to go – Whole year except rainy season

12) Chopta-Tungnath Trek
    Altitude: 12083 Ft.
    Gradient: Easy to Moderate
    Best time to go – April to November

13) Dodital-Yamunotri Trek
    Altitude: 4150 mts./13612 Ft
    Gradient: Moderate
    Best time to go – Mid March and November

14) Dayara-Dodital Trek
    Altitude: 3786 mts.
    Gradient: Moderate
    Best time to go – March, September

15) Nanda Devi outer base camp Trek
    Altitude: 4250 mts./13940 Ft.
    Gradient: Moderate to Challenging
    Best time to go – April and October

16) Sankri-Ruinsara-Balipass-Yamunotri Trek
    Altitude: 4950 mts.
    Gradient: Moderate
    Best time to go – May, June, September, October

17) Har Ki Dun Trek
    Altitude: 3566 mts./11697 Ft.
    Gradient: Easy to Moderate
    Best time to go – May, June, September and Mid November

18) Kedarnath Trek
    Altitude: 3584 mts.
    Gradient: Easy to Moderate
    Best time to go – May and October

Q2. Which are the best places to start for a trek in Uttarakhand?
Ans. Rishikesh [372 mts.] , Joshimath [1890 mts.], Guptkashi [1319 mts.], Uttarkashi [1158 mts.], Yamunotri [6387 mts.], Netwar [1150 mts.], Bageshwar [1004 mts.], Munsyari [2200 mts.] and Almora [1861 mts.].
Q3. How many trek routes are identified in Uttarakhand?
Ans. Approx. 123.

Q4. What type of permissions or special permissions, if any, are required for trekking?
Ans. Only few treks require permission in advance otherwise one just need to pay camping fee.

Q5. Where can we hire/buy trekking equipment?
Ans. One can purchase or rent trekking equipments from shops available in Rishikesh, Dehradun, Joshimath, Pithoragarh, Uttarkashi. These days trekking equipments are also available online.

Q6. From where should we hire Porters, Trekking Route Guides?
Ans. For the well develop trekking routes, locals act as guides & porter which are easily available at the starting point of the trek.

Q7. Is Internet and phone connectivity available while trekking?
Ans. Internet and phone connectivity facilities are sporadically available on trekking routes.

Q8. Which time of the year is ideal for trekking?
Ans. It depends on which trek you are planning to do. Usually, May till mid July and mid September till end of November is good for trekking. July and August is the best time to visit Valley of Flowers.

Q9. Do we need travel Insurance?
Ans. It is advisable and important to have travel insurance.

Q10. What is the evacuation strategy from a trek in case of emergency?
Ans. In case of emergency, SDRF [State Disaster Response Force] is deputed for evacuation.

Q11. What type of food arrangement is there while trekking?
Ans. There are food shops on all the well established treks.

Q12. Is trekking suitable for solo traveller?
Ans. Medium, soft and well marked trek routes is suitable for solo traveller. But we recommend to trek in group. It is better to have a guide or porter.

Q13. Are there toilets facilities available on trek routes?
Ans. You need to do it in wilderness. It is better to carry a shawl to dig a hole in the ground for your job and cover with soil once finished.

Q14. Is there any trekking fees taken by the Govt?
Ans. Following fees are charged:
   a) Camping Fee
   b) Trekking Fee
   c) Fee for hiring Mules
   d) Fee for hiring Porters
   e) Guides
   f) Fee for making Permanent Camps

Q15. What is the maximum altitude reached by the group on each day?
Ans. Beyond 2500 Mts. (8000 ft) it is advisable to gain altitude gradually. It is suggested that for every 2000 ft. gain at least two days of acclimatization period be kept.

Q16. What are the major difficulties expected as regard the terrain, facilities or any other matter that will affect the participant?
Ans. The terrain of the Himalayan trails differ. One should have a fair idea of different terrain like simple walking trails, steep-slopes and crossing of small nalas. Simple safety rules are to be followed at each stage.

Q17. What is the level of fitness expected from participants?
Ans. Trekking and Camping at low levels can be done with minimum fitness, but for higher level or tough terrain you need a certain level of physical fitness.

Q18. Where should we approach for a trekking or mountaineering expedition in India?
Ans. You can approach IMF [Indian Mountaineering Foundation] or Adventure Tour Operators Association of India [ATOAI].

Q19. What are the medical facilities provided by the organizers?
Ans. Guides are usually trained for first aid, if you are going with recognized tour operator. They have all the essentials for first aid.

Q20. Are there enough travel tour operators in Uttarakhand? Name some operators.
Ans. Yes, GMVN and KMVN are the Government tour operators in Uttarakhand.