

20. Nandadevi National Park Trek

Grade: ***

May to Oct
9 days

This is the last human inhabitation on this trekking route. Trekkers are given an exposure to their unique culture and customs of the region.

The first day of actual trekking is probably the toughest and

Rishikesh - Joshimath - Lata - Jhandi
Dhar - Dharasi - Debrugheta - Dharasi
- Hitoli - Joshimath - Rishikesh



involves a steep ascent of almost 1524m, with a break at Belta. This stretch can be anything from 6 to 10 hrs. depending on the trekkers. However it is an excellent stretch for acclimatization.

The next day, one wakes up at dawn to breathtaking view of Mount Bithartoli-Himal (6354m), Nanda Ghunti (6309m), Ronthi Peak (6003m), Dronagiri (7066m) and the vast view of Kuari Pass, Auli, Urgam Valley and Lata village. The trek to Dharansi Pass begins with a steep climb upto Jhandi Dhar and further up to Bagfyana Pass. From here the trail passes through a very narrow gorge of

- Day 1** After breakfast, drive to Joshimath 256 kms, lunch enroute and overnight at TRH Joshimath.
- Day 2** Day for obtaining final permission to venture into NDNP from Forest authorities, Joshimath. Overnight at Joshimath.
- Day 3** 25km drive to Lata (Talla) road head and 1.5 km trek to Lata (Malla). Visit Lata village and the famous Nanda Devi temple. Overnight in village.
- Day 4** 8.5 km trek to Lata Kharak (3689m). Overnight in hut / tents.
- Day 5** 10km trek to Dharansi Pass (4250m) via Jhandi Dhar, Bagfyana Pass, and Salkula. Overnight in tents
- Day 6** 14 km trek to and from Debrugheta (3400m). Overnight at Dharansi in tents.
- Day 7** 12 kms trek to Hitoli camp site. Overnight at Hitoli.
- Day 8** 8 km trek to Surai thota via Tolma and 30 km drive to Joshimath. Overnight at TRH Joshimath
- Day 9** 256 km drive to Rishikesh. Tour Concludes.

■ the trek route

■ The famous temple of Nanda Devi in Lata